



Rope Base Ltd
Industrial Rope Access
Training Services



Course Information Pack

About Rope Base Ltd

Rope Base Ltd was set up to provide quality rope access training near Edinburgh in 2010. Richard (Funky) Carter is a Level 3 Trainer and Assessor with over 13 years experience working in industry both onshore and offshore, UK and internationally. Rope Base Ltd is a training provider dedicated to the delivery of IRATA rope access courses, offering international qualifications at three progressive levels. Through training and assessment, the course equips candidates with the skills and knowledge to work safely in the rope access industry.

What is Industrial Rope Access?

Industrial Rope Access is a proven method of achieving a safe work position at height or in areas of difficult access. It was initially developed from techniques used in caving to answer the need for a simple, safe and adaptable means of access with its first large scale use being for inspections on the oil and gas platforms of the North Sea. As its value as a work solution grew rope access has also developed onshore where it is to be seen undertaking all manner of work from high-rise window and facade cleaning and general maintenance to repair, geotechnical and inspection work on some of the world's most iconic structures.

What is IRATA?

IRATA the Industrial Rope Access Trade Association was formed in the late 1980's, as the result of an initiative by a number of leading companies involved in industrial rope access techniques, to provide a safe working environment for the industry.



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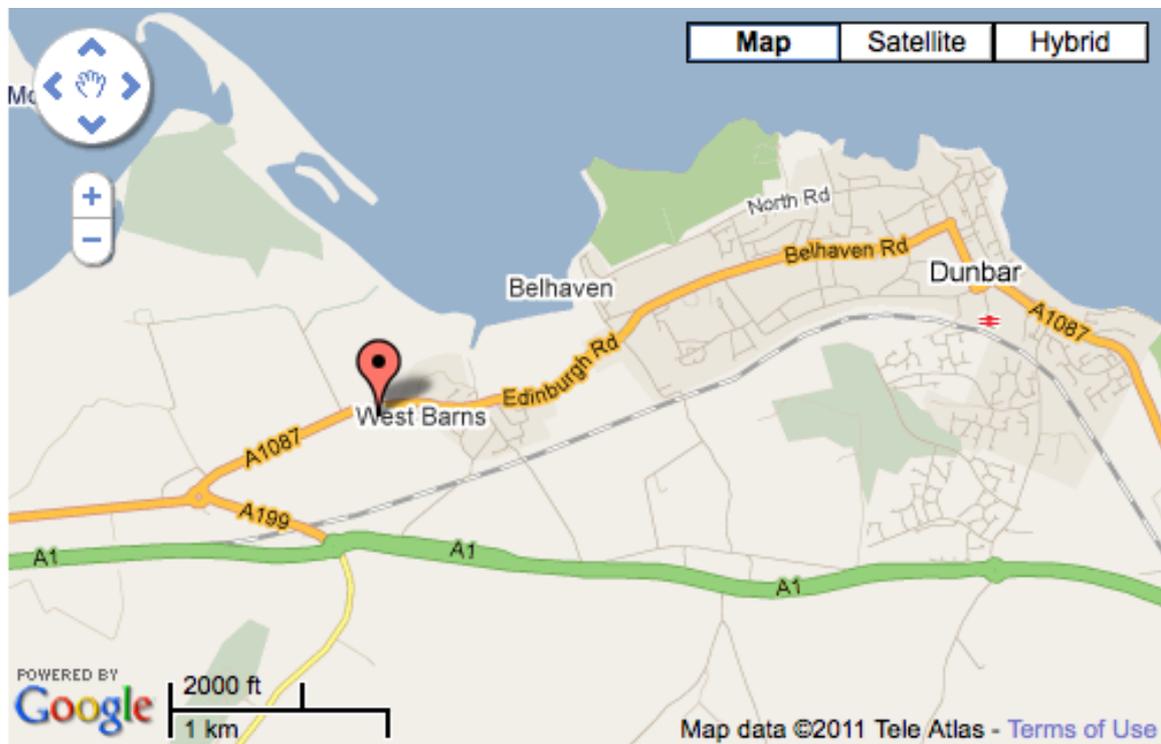


General Information

Location

Beltonford, Edinburgh Road, West Barns
Dunbar, East Lothian EH42 1UW
(Located opposite East Links Family Park)

Map



Bus stop directly outside training centre. Train station located nearby.



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Duration

5 Days, including assessment.

Course Dates

Courses start on a Monday.

Groups of 4 or more can arrange dates to suit.

Courses run 9.00am to 5.00pm

| | | |
|----------------|------------------------------------|-------------------------------------|
| July 2013 | 1 st – 5 th | 15 th – 19 th |
| August 2013 | 5 th – 9 th | 19 th – 23 rd |
| September 2013 | 2 nd – 6 th | 16 th – 20 th |
| October 2013 | 7 th – 11 th | 21 st – 25 th |
| November 2013 | 4 th – 10 th | 18 th – 22 nd |
| December 2013 | 2 nd – 6 th | 9 th – 13 th |

Course costs

| | |
|---------|-------------------------|
| Level 1 | £785.00 (including VAT) |
| Level 2 | £750.00 (including VAT) |
| Level 3 | £750.00 (including VAT) |

Individuals must normally pay on receipt of invoice, before course commences to confirm their place on the course, payment by cash, cheque or bank transfer.

Companies can arrange invoice terms.

No certification will be issued until payment in full is received.



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Equipment

All specialist equipment and training material are supplied.
Overalls, work boots and gloves are optional. You may wish to bring your own climbing helmet.
Wear flexible clothing such as jogging bottoms.

Pre-Qualification

Level 1 18 years old, medically fit (self-certification acceptable)
Level 2 Minimum 1 year as level 1 and 1000 logged hours
Level 3 Minimum 1 year as level 2 and further 1000 logged hours

All Instructors are experienced IRATA Level 3 Trainers.

All courses are mainly practical based, candidates should be physically fit, you will be lifting your body weight through many rope manoeuvres over the course of the week.

All candidates must provide some form of identification at start of course, this could be passport number, national insurance, driving license.

Level 2 and 3 candidates must bring their log book with logged hours at the start of the course.



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IRATA Level 1 - Rope Access Technician

OVERVIEW

The Industrial Rope Access Trade Association - IRATA - is the only internationally recognised certification scheme for industrial rope access. The Level 1 certificate is the first step in a three level structure. Candidates should expect a hard week both mentally and physically as they come to grips with the wide range of access techniques required to pass the independent assessment on the final day. As a qualified Level 1, the candidate will always be under the safety supervision of a Level 3. Safety is an overriding concern during training and assessment. It should be noted that this course requires a reasonable degree of physical and mental dexterity as well as a head for heights.

CONTENT

- Rigging, knots and rope work
- Understanding and safe use of equipment
- Rope manoeuvres
- Structural climbing techniques
- Simple rescue
- Background and theory
- General safety and aptitude

WHO WILL BENEFIT?

An IRATA qualification is designed to enable qualified industrial tradesmen to access their normal tasks in a safe, efficient and low impact way. Common trades on the ropes include: NDT, inspection, electrical, rigging and painting.

STRUCTURE

The course is mainly practical with emphasis placed on learning to perform the techniques safely and efficiently. The course is assessed on the final day by an independent IRATA Assessor. On successful completion the candidate is issued with a logbook, certificate and ID card. Candidates are reassessed three-yearly. The course is of a **five-day** duration, including assessment.



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IRATA Level 2 - Lead Technician

OVERVIEW

The IRATA Level 2 certificate is the second step in the IRATA certification scheme. The Level 2 builds on the Level 1 course material and the candidate's practical experience. More in depth rigging and rescue techniques as well as a higher degree of proficiency on the ropes consolidate the candidate's experience and offer an introduction to the advanced techniques of Level 3. A Level 2 certificate confirms the candidate's experience and competence to operate as a reliable worker.

CONTENT

- Proficiency in all Level 1 techniques
- Enhanced rigging techniques
- Rescue from Ascenders
- Rescues from manoeuvres – aid climb, deviation, rebelay, rope transfer
- Hauling and lowering casualties
- Level 2 theory
- Equipment selection, inspection, care and maintenance

WHO WILL BENEFIT?

IRATA Level 1 technicians wishing to progress through the system. Candidates must have a minimum of 1000 logbook hours and one year's experience, ideally in a variety of locations.

STRUCTURE

The course is mainly practical with the emphasis being placed on building the candidate's confidence and competence in the discipline. Independent IRATA assessment is carried out on day 5. Successful candidates receive a new certificate and ID card. Certificate is valid for three years. The course is delivered over a **five-day** period, including assessment.



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IRATA Level 3 – Safety Supervisor

OVERVIEW

The IRATA Level 3 certificate is the top level in the IRATA certification scheme. The Level 3 builds on the candidates experience and prepares him to take on the roles of Team Leader, Safety Supervisor, Rescue-man and Rigger. Thus far IRATA rope access has an impeccable safety record, this is largely due to the quality of Level 3's in the field. This course aims to maintain, and build on, these high standards.

CONTENT

- Current legislation and regulations
- Equipment selection, inspection, care and maintenance
- Operational planning and risk assessment
- Proficiency in Level 1 and 2 techniques
- Advanced rigging techniques
- Advanced rescue techniques
- Team Management and responsibilities

WHO WILL BENEFIT?

IRATA Level 2 technicians willing and able to take on the responsibility for a rope access team. Candidates must have completed at least a year and 1000 hours as a Level 2 and should have a broad range of experience of different working environments. We would only encourage top quality candidates to apply.

STRUCTURE

The majority of the course is spent practising and refining advanced rescue techniques so that the candidate has the ability and confidence to extract any team member from any possible difficulty. There is also a written paper which concentrates on the candidate's theoretical knowledge.

This course is delivered over a **five-day** period, including independent IRATA assessment.



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Accommodation near to Rope Base Training Centre

The Rossborough Hotel

Queens Road, Dunbar, East Lothian EH42 1LG

Phone 01368 862356 Email: info@therossborough.com

Hillside Hotel

3 Queens Road, Dunbar, EH42 1LA

Tel 01368 862071 Email: enquire@hillsidehoteldunbar.co.uk

The Linton Hotel

3 Bridgend, East Linton, East Lothian EH40 3AF

01620 860202 · thelintonhotel.co.uk

The Rocks Dunbar

Marine Road, Dunbar, East Lothian, EH42 1AR

Phone 01368 862287

Woodside B&B

Margaret Packwood

13 North Street, Belhaven, Dunbar, East Lothian, EH42 1NU

Tel: 01368 862384 E-mail: packwood@dunbarwoodside.co.uk

Northlodge Bed & Breakfast

1 Winterfield Place, Belhaven, Dunbar, East Lothian EH42 1QQ

Phone 01368 860223

Rosedene

19a Belhaven Road, Dunbar, EH42 1DD

Tel 01368 862533 E-Mail info@rosedenebb.co.uk

Springfield Guest House

Mrs Smeed, Belhaven Road, Dunbar, East Lothian EH42 1NH

Tel: 01368 862502

Portleith Guest House

4 West Point North Road, Dunbar, EH42 1TL

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