SpanSet®

Height Safety
Lifting
Load Control
Safety Management

Emergency First Aid at Work

To provide delegates with knowledge of basic life saving first aid and workplace health and safety regulations.

Who Should Attend?
Nominated emergency first aiders, or anyone wanting a comprehensive one day first aid course, especially those working within smaller workplaces that present fewer health and safety risks.

Duration 1 day

Agenda

- The roles and responsibilities of a first aider
- The legal requirements for first aid provision
- The importance of accurate incident reporting
- First aid equipment and its safe use
- The need to minimise the risk of infection
- The importance of assessing an incident
- Undertaking a primary survey
- When and how to call for help
- Cardiopulmonary Resuscitation (CPR)
- Assessment and management of first aid incidents
- Management of an unconscious casualty
- Management of a casualty who is not breathing normally
- Management of a casualty who is choking
- Management of a casualty who has a bleeding injury
- Management of a casualty who is in shock

Certification
Delegates successfully completing the course will receive a CIEM Level 2 Award in Emergency First Aid. Delegates will receive an Ofqual accredited certificate stating that they are a qualified first aider.
Ofqual accredited reference - 500/7534/2

Did you know we also offer the following courses...

- Fire Marshall
- PASMA – Mobile Access Tower
- Ladder Association – Ladder & Stepladder User
- Manual Handling – The Principles
- Working in Confined Spaces – Medium Risk

SpanSet UK Ltd | Telford Way, Middlewich | Tel: +(44) 0 1606 737 494 | Email: training@spanset.co.uk
VAT Reg: 160 8518 65 | Cheshire, CW10 0HX | Fax: + (44) 0 1606 737 502 | Website: www.spanset.co.uk
Registered in England: 960688