

02

Height Safety
Lifting
Load Control
Safety Management

TRAINING MODULE 2

Practical Lifting and Slings
Beneath the Hook



DURATION

1/2 a day
But only carried out in conjunction with Safe Lifting Module 1

RATIO OF TRAINERS TO TRAINEES

Normally 1:10

PRE-COURSE INSTRUCTIONS AND ENTRY REQUIREMENTS

- SpanSet Lifting Module 1 (1 Day duration for modules 1 & 2)
- All delegates must be able to certify that they are physically fit and have no medical conditions that might prevent them carrying out lifting techniques. (A list of conditions that could affect practical training are available upon request)
- SpanSet reserves the right to exclude unsuitable delegates from training courses
- Delegates must be 18 years or over

INTRODUCTION

The course is designed to provide:-

- Practical experience and understanding of the use of lifting equipment
- An understanding of correct equipment selection
- Assessment of loads in relation to weight, balance and safety

OVERVIEW

- The course is designed for those who intend to conduct safe practical lifting operations and managers who need to plan lifting operations
- During the training course delegates will be expected to carry out lifting operations. This will provide an insight into the delegates' ability to operate in such conditions
- This is only an indication of their capability, as it is not possible to recreate exact working conditions.
- Further details of the training facilities, first aid

provision, insurance etc are available upon written request.

REGISTRATION

- All delegates to be registered on the course registration form.
- All delegates to be advised of the following
 - Fire procedure
 - Toilets and welfare

Practical Lifting and Slinging Beneath the Hook continued

COURSE JOINING INSTRUCTIONS

COURSE ASSEMBLY

Unless otherwise stated, all courses are held at SpanSet (UK) Limited and will assemble at 0900 hrs daily. Delegates should report to the main training reception upon arrival.

EQUIPMENT & CLOTHING

All equipment required throughout the course will be provided by SpanSet Ltd.

Candidates should provide their own comfortable clothing and footwear, with provision made for inclement weather conditions, i.e. fleeces, waterproofs, windproof, etc.

FOOD & REFRESHMENT

Refreshments will be provided throughout the day on all courses.

A lunch will be provided on all courses of a day or more in duration held at SpanSet.

ACCOMMODATION

Details of local accommodation on request.



COURSE SYLLABUS

The following topics will be covered:

- Assessment of loads incorporating weight, centre of gravity and any safety hazards.
- Practical pre use inspection of equipment
- Practical selection and use of suitable common lifting accessories (slings, shackles, chain slings, wire rope slings, plate clamps, eyebolts, hooks)
- Personal safety whilst lifting
- Potential misuse of equipment
- Completing a lifting plan.

COURSE SUMMARY

- Course is run to be in accordance with the LEEA Code of Practice for the Safe Use of Lifting Equipment and current requirements of PUWER and LOLER
- Summarise the topics covered during the course issue course feedback forms
- Thank the delegates for attending

ASSESSMENT OF CANDIDATES

- All candidates will be continually assessed based upon a series of practical lifting tasks.
- Each candidate will complete a task sheet for each of the tasks.

EQUIPMENT COVERED DURING TRAINING

- Samples of -
- Polyester roundslings
 - Polyester webslings
 - Chain slings
 - Wire rope slings
 - Shackles
 - Plat Clamps
 - Eyebolts-
 - Hooks

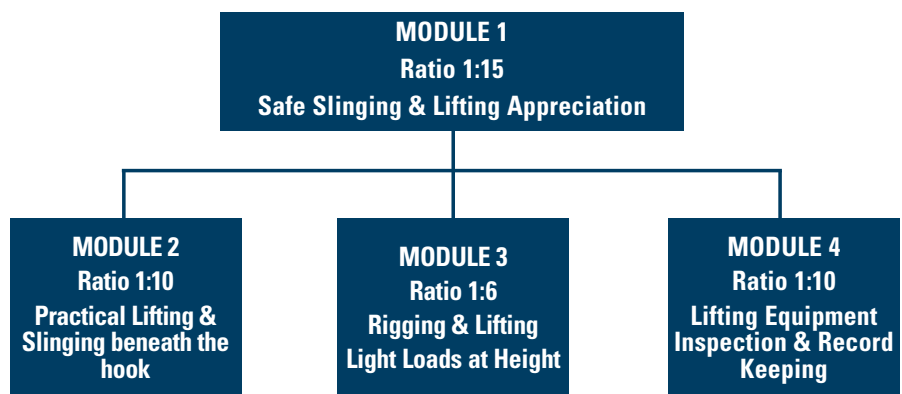
FEEDBACK TO CLIENT AFTER COURSE

- Certificate for all delegates completing the course.
- Photo ID card for all delegates, valid for three years.

RECORDS TO BE MAINTAINED BY SPANSET

- Course registration sheet.
- Digital photo for issue of ID cards.
- Course feedback forms where completed.

Design • Manufacture • Supply • Training



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Spanset also provide training for: • Height Safety Courses for Police & Security Forces • Height Safety for Rescue Courses for the Emergency Services • Vehicle Fall Protection Courses • Safe Lifting & Rigging Courses • Load Restraint Courses