

## 02

Height Safety  
Lifting  
Load Control  
Safety Management

### TRAINING MODULE 1

Safe Slinging and Lifting  
Appreciation

#### DURATION

1/2 a day

#### RATIO OF TRAINERS TO TRAINEES

Normally 1:15

#### PRE-COURSE INSTRUCTIONS AND ENTRY REQUIREMENTS

- All delegates to be registered on the course registration form.
- All delegates to be advised of the following
  - Fire procedure
  - Toilets and welfare

#### INTRODUCTION

The course is designed to provide:-

- An understanding of the theory and rating of lifting equipment.
- An overview of the legislation as applied to the user.
- An appreciation of types of lifting equipment and how to carry out routine pre-use inspections

#### OVERVIEW

- A foundation module for any employees involved in Lifting Procedures providing an appreciation of how to conduct and/or manage safe lifting operations
- The course is aimed at employees who are managing or risk assessing lifting operations, requiring background knowledge of lifting operations and equipment.
- Supervisors in charge of workers using lifting equipment

- This module is a theory based course intended as a prerequisite to practical training
- Further details of the training facilities, first aid provision, insurance etc are available upon request

#### REGISTRATION

- All delegates to be registered on the course registration form.
- All delegates to be advised of the following
  - Fire procedure
  - Toilets and welfare



## Safe Slinging and Lifting Appreciation continued

### COURSE JOINING INSTRUCTIONS

#### COURSE ASSEMBLY

Unless otherwise stated, all courses are held at SpanSet (UK) Limited and will assemble at 0900 hrs daily. Delegates should report to the main training reception upon arrival.

#### EQUIPMENT & CLOTHING

All equipment required throughout the course will be provided by SpanSet Ltd.

Candidates should provide their own comfortable clothing and footwear, with provision made for inclement weather conditions, i.e. fleeces, waterproofs, windproof, etc.

#### FOOD & REFRESHMENT

Refreshments will be provided throughout the day on all courses.

A lunch will be provided on all courses of a day or more in duration held at SpanSet.

#### ACCOMMODATION

Details of local accommodation on request.



### COURSE SYLLABUS

#### *The following topics will be covered:*

- All legislation appropriate to conducting lifting activities – Health and Safety at Work Act 1974, LOLER 1998, PUWER and LEEA code of practice.
- Planning of a lifting operation including assessing the load, correct equipment selection and assessing the environment.
- Safe and correct use of common lifting accessories (slings, shackles, chain slings, wire rope slings, plate clamps, eyebolts, hooks)
- Pre use inspection of common lifting accessories.

### COURSE SUMMARY

- Course is run to be in accordance with the LEEA Code of Practice for the Safe Use of Lifting Equipment and current requirements of PUWER and LOLER
- Summarise the topics covered during the course
- Issue course feedback forms
- Thank the delegates for attending

### ASSESSMENT OF CANDIDATES

- All candidates will carry out a multiple choice test covering the key points of the course. If a candidate gets a total score of less than 80% then the trainer will explore the candidates' knowledge of the topic. Where the candidate has a good knowledge of the topic the result may be amended.

### EQUIPMENT COVERED DURING TRAINING

- Polyester roundslings
- Polyester webslings
- Chain slings
- Wire rope slings
- Shackles
- Plate Clamps
- Eyebolts
- Hooks

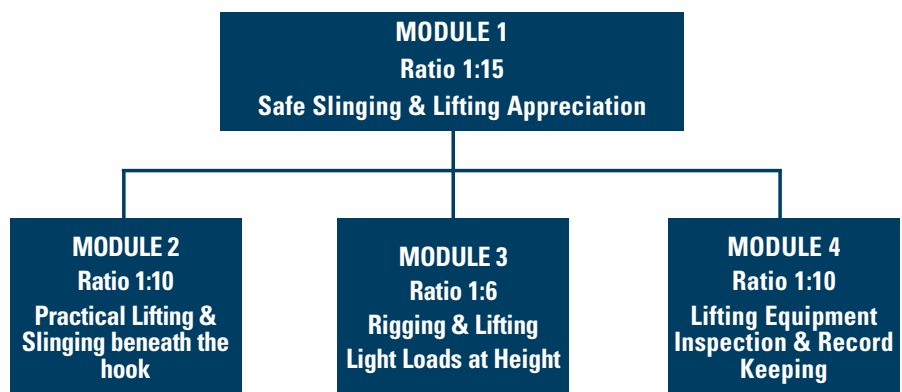
### FEEDBACK TO CLIENT AFTER COURSE

- Certificate for all delegates completing the course.
- Photo ID card for all delegates, valid for three years.

### RECORDS TO BE MAINTAINED BY SPANSET

- Course registration sheet, including results of the assessment.
- Digital photo for issue of ID cards.
- Course feedback forms where completed.

Design • Manufacture • Supply • Training



SpanSet Limited

Telford Way, Middlewich,  
Cheshire, CW10 0HX, UK  
Tel +44 (0) 1606 738529  
Fax +44 (0) 1606 841666  
info@spanset.co.uk  
www.spanset.co.uk

Spanset also provide training for: • Height Safety Courses for Police & Security Forces • Height Safety for Rescue Courses for the Emergency Services • Vehicle Fall Protection Courses • Safe Lifting & Rigging Courses • Load Restraint Courses